

Research has shown that starting the day with a nutritious breakfast helps students stay alert and perform better in school. So...if you have skipped breakfast at home this morning, stop in the cafeteria and see what we are serving!



Help your kids succeed in school!

Why Breakfast at school:

When students start the day with a nutritious breakfast, they start the day ready to learn. Some students skip breakfast at home because they are not hungry when they first wake up. Many families find it difficult for their children to get up, dressed, fed and off to school. When parents rely on the School Breakfast Program, they can be assured that their child will receive a healthy breakfast every day.

Breakfast Benefits: Higher test scores. Improved attendance. Fewer trips to the School Nurse. Improved Classroom Behavior. Better Learning. More time on Learning as students that have eaten breakfast are better able to concentrate and behave in the classroom.