

2025-26 Health Advocate FAQs

Health Advocate is a voluntary program available to all employees and their spouses on the Highmark Insurance Plan.

Purpose

This program is designed to help you prioritize your health. On the program, there is a plethora of ways to practice wellness and earn points while doing it. Various activities have an assigned point value. Participating in activities, enter doctor visits, track healthy habits, and more to earn points.

Program Year

The Wellness Program year runs from June 1, 2025 - May 31, 2026. Activities and appointments MUST be completed during those dates to count towards this year's points.

What Are the Incentive Levels?

There are three award levels:

Silver: Earn 550 points to receive a \$175 reward

Gold: Earn 750 points to receive a \$275 reward

Platinum: Earn 900 points for the maximum \$375 reward (Annual Physical and Health Screening required for this level)

How Do I Register?

- To register with the Health Advocate portal, visit <https://www.healthadvocate.com/ntic> or search "Health Advocate" in your app store.
- From there, you will then select the "Register Now" and enter your information.
 - You need to sign up using your LEGAL name. How your name is listed with the insurance is what the system will use to identify you as an eligible employee or not.
- Registration Code: GV9A85V

Returning Participants: You will use the same credentials to log in as you have in the past. You do NOT need to create a new account for the new program year.

I Forgot My Username or Password

Please reach out to Health Advocate at 866-695-8622 for assistance.

Earning Points

The Health Advocate Program Guide will show you all the ways to earn points. You can also find this on the platform (app or website) under the *Rewards* section.

Log Appointments for Points

On the website

- Go to HealthAdvocate.com/ntic
- Log in
- *Well-Being > Rewards*
- Scroll down to find the appointment type you had (screening, physical, etc.)
- Click “Go to ... Screening” or “Go to ... Form”
- Enter the date of the exam
- *Select Files* to upload your documentation
- Click *Finish*

You should see the points automatically added to your account. Health Advocate or Miranda Kelley, Wellness Coordinator, will reach out if there are any issues with the forms you uploaded.

On the App

- Log in
- Tap the 3 lines in the top right corner
- *Well-Being Program > Rewards*
- Scroll down to find the appointment type you had (screening, physical, etc.)
- Click “Go to ... Screening” or “Go to ... Form”
- Enter the date of the exam
- *Select Files* to upload your documentation
 - *Take Photo or Video* is an easy way to take a photo with your phone of your paperwork
 - *Photo Library* is where you will go to find screenshots
- Click *Finish*

You should see the points automatically added to your account. Health Advocate or Miranda Kelley, Wellness Coordinator, will reach out if there are any issues with the forms you uploaded.

**Note that you do not need forms for your cancer screenings, dental, or vision.*

What Counts as Proof?

Anything that confirms you saw a professional. This could be printing and taking forms to your appointment or a photo or screenshot of your office summary sent to you or on an app. If you want to keep information private, blackout what you don't want us to see. Miranda Kelley and Health Advocate are HIPAA compliant just like a medical professional.

Forms can be found at <https://ntic.iu17.org/media-forms/>

What Do I Do Once I Receive My Necessary Points?

Keep up the healthy work! The wellness coordinator receives a monthly list of employees who've reached the levels in the prior month. Those names are communicated to the district and payroll to be rewarded. Because of the process, it might take up to two months for employees to receive their incentive in their pay. You will not get paid for the lower levels unless it is May 31st, the end of the program year, and that's the highest you've achieved. During the school year, once you reach the highest level and its requirements, you will receive the full payout.